

# 5K Road Race & 5K Walk

**Commissioner**  
 Tim Irvine  
 601-938-9873  
 gsr5K@yahoo.com

**Date**  
 Saturday, June 4th, 2022  
 7:30 a.m.

**Site**  
 Bonita Lakes  
 1 Bonita Reservoir Rd  
 Meridian, MS 39301

**Entry Fee**  
 \$25 for 5K Road Race & 5K Walk  
 \$15 for 1-mile fun run

**Deadline**  
 ONLINE registration by May 30, 2022, to ensure correct t-shirt size  
 On-site registration will cut off at 7:15 a.m. day of race.  
 T-shirt size is NOT guaranteed if you enter on-site the morning of the event.

**Events**  
 5K Road Race  
 5K Walk  
 1 Mile Fun Run - Ages 12 and under only! The top 3 males and top 3 females will receive a medal, but everyone that finishes will get a ribbon!

**Sponsored By**



**BlueCross BlueShield of Mississippi**

It's good to be Blue.

- Divisions**  
 5K Divisions  
 Male/Female - OVERALL WINNER  
 Males/Females 9 & Under  
 Males/Females 10-14  
 Males/Females 15-19  
 Males/Females 20-24  
 Males/Females 25-29  
 Males/Females 30-34  
 Males/Females 35-39  
 Males/Females 40-44  
 Males/Females 45-49  
 Males/Females 50-54  
 Males/Females 55-59  
 Males/Females 60-64  
 Males/Females 65-69  
 Males/Females 70+  
 1 Mile Fun Run  
 12 & Under- Male/Female

**Format/ Rules**  
 Participants can only enter one event. Those entered in the 5K walk cannot run!

**Awards**  
 Gold, Silver, and Bronze medal in each age division

**OFFICIAL USE ONLY**

Date Received: \_\_\_\_\_ \$ Received: \_\_\_\_\_ Athlete #: \_\_\_\_\_  
 Confirmation:  Yes  No Waiver:  Yes  No T-Shirt:  Yes  No Input: \_\_\_\_\_

**IMPORTANT! You MUST include the Individual Waiver Form with this registration.**

**TO ENTER**

Information: 601.482.0205, StateGamesofMS.org or sportsdirector@stategamesofms.org

PRINT clearly. Send entry & check or money order to: State Games of MS, P.O. Box 5866, Meridian, MS 39302.

**Sport:**  5K Road Race  5K Walk  1 Mile Fun Run

Male  Female **Age Group:** \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_\_  Male  Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Date of Birth (mm/dd/yy): \_\_\_\_\_ Phone (w): \_\_\_\_\_ (h): \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Entry Fee(s): \$ \_\_\_\_\_

Relation: \_\_\_\_\_ T-shirt size:  YM  YL  S  M  L  XL  XXL (\$1 extra) **TOTAL ENCLOSED:** \$ \_\_\_\_\_

Note: One shirt included in entry fee.

# Individual Waiver Form

## MUST BE INCLUDED with EVERY Individual Entry Form

**THIS OFFICIAL WAIVER MUST BE SIGNED BY EVERY ATHLETE and LEGAL GUARDIAN** (if athlete is under the age of 18). This Individual Waiver form is for individual athletes and coaches ONLY. Teams sign a separate waiver. Every individual not on a team **MUST** fill out this waiver.

Please **PRINT YOUR SPORT NAME ON THE LINE BELOW**, sign the form and include with entry.

**YOUR SPORT:** \_\_\_\_\_

**IN CONSIDERATION** of the Participant being allowed to participate in any way in the State Games of Mississippi athletics/sports programs and related events and activities, the undersigned: **ACKNOWLEDGE AND FULLY UNDERSTAND** that the participant will be engaging in activities that involve risk of serious injury and/or communicable disease (COVID-19), including permanent disability and death, and severe social and economic losses that might result **NOT** only from his or her own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play or the condition of the premises or of any equipment used. Further, that there may be other risks not known or now reasonably foreseeable at this time. **ASSUME** all of the foregoing risks, known and unknown, and accept personal responsibility for the damages following such injury, permanent disability or death. **RELEASE, WAIVE, DISCHARGE, HOLD HARMLESS, INDEMNIFY AND COVENANT NOT TO SUE** State Games of Mississippi, Inc., sponsor of the State Games of Mississippi, the National and State Governing Sports bodies, City and County Government of Lauderdale County, their respective administrators, officers, directors, agents, representatives, coaches and other employees or volunteers of the organizations, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as "releases," from any and all liability to each of the undersigned, his or her heirs, executors, administrators, successors, assigns or next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise, to the fullest extent permitted by law. **CONSENT** to permit and authorize officials of the State Games of Mississippi to seek emergency medical treatment in the event of accident or injury and consent to permit and authorize those providing medical care to perform medical treatment as deemed necessary. **CONSENT** to allow Participant's picture and/or voice or likeness to appear in any official documentary, promotional (including all advertisements) television, radio, film coverage or world wide web of the State Games of Mississippi without compensation. **THE UNDERSIGNED HAVE READ THE ABOVE WAIVER, RELEASE OF LIABILITY AND AUTHORIZATION OF MEDICAL TREATMENT, UNDERSTAND THEY HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND ACKNOWLEDGE THAT THEY HAVE SIGNED IT VOLUNTARILY.**

X

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Participant's Name \_\_\_\_\_

### **FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE**

*(Under age 18 at the time of registration.)*

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releases, and, for myself, my heirs, assigns and next of kin, release and agree to indemnify and hold harmless the involvement or participation in these programs as provided above, **EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES**, to the fullest extent permitted by law.

X

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed Parent/Guardian Name \_\_\_\_\_

# State Games of Mississippi

## General Information

Athletes participate in true competitions, and are awarded Olympic-style gold, silver and bronze medals for the top three places in each division or event within all sports.

Every athlete receives a t-shirt and entry to all venues. You can enter many ways! First, you can send back this entry form and all waivers. Make sure you mail in the entry by the due date listed. If you are interested in one of our other sports, simply call for a form (601-482-0205) or [go to our website, www.stategamesofms.org](http://www.stategamesofms.org) to enter on-line or download the entry forms and waivers.

To avoid late fees and long lines, be sure to get your entry form and check in early. **Confirmation materials are sent if we receive your entry form five days before your sport entry deadline.** Don't limit yourself to one sport!

Anyone who has been a resident of Mississippi for at least 30 days is qualified to participate in the State Games of Mississippi. In addition, students registered in Mississippi colleges and universities and military personnel assigned to facilities in Mississippi are eligible. Participants from other states are eligible if that state has no State Games organization or if their organization does not offer the sport in which the participant wishes to compete. Permission may be granted from other states for an athlete to participate out-of-state if they participate in their own State Games in a particular sport.



Refunds will be given only in the following circumstances:

- 1) Entry received after the deadline and the maximum number of teams or participants in your sport has been met;
- 2) Minimum number of teams or participants in your sport has not been met; or
- 3) Entry received from a non-qualified participant. **Important: No refunds will be given if events are cancelled due to weather or other acts of God.**

The State Games of Mississippi reserves the right to disqualify any coach or athlete from the Games for failure to exhibit the qualities and behavior or good sportsmanship. Unsportsmanship includes, but is not limited to: False representation of age, residency or eligibility; destruction of property; disorderly conduct; fighting; improper use of alcohol and/or drugs; and wearing clothing that reflects poorly on the Games.

The Opening Ceremonies and sports using outdoor sites are subject to weather, and we repeat: No refunds will be given if events are cancelled due to weather or other acts of God. Competitions will be conducted unless commissioners, facility manager and State Games of Mississippi officials determine the weather conditions to be potentially dangerous or life threatening, or if playing fields would incur damage.

It is the responsibility of each participant to obtain insurance. In some instances, the National Governing Body, which sanctions events, may have secondary coverage. In the event of an emergency, injury or illness, State Games of Mississippi will have medical aid available to assist the injured. Please note, preparation for competition, such as taping, will not be provided. No athlete will be allowed to participate without signing the appropriate waiver.